

## Exploring Best Practices for Transgender Voice Change via the Transient Theory of Voice Production

Presented by Soren Austenfeld

This immersive presentation will introduce voice professionals to current best practices for training and supporting transgender singers who are pursuing a voice change as part of their transition. Soren Austenfeld will draw on his experiences as a trans voice instructor, religious music professional, and trans singer retraining as a baritone after testosterone HRT to introduce tools we can all apply in the voice studio to support transfeminine and transmasculine singers alike through major vocal changes. This presentation will explore exciting and intuitively accessible applications of emerging research on the transient theory of voice production, in particular the work of Drs. Julian Chen, Donald G. Miller, and Ian Howell, to cultivate a deep understanding of the voice as a resilient, versatile tool of creative expression with great adaptability to change.

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**Soren Austenfeld** (he/they) teaches private voice with a specialty in transmasculine voice pedagogy at The Voice Lab, Inc. and serves as the Music Director at First Parish in Malden, Universalist. Guest lecture & workshop highlights include: Acoustic Vocal Pedagogy Workshop, Cascade NATS, Association for Unitarian Universalist Music Ministries, Make Shift Boston/School of Arts and Social Justice, and NATS National Conference 2020 (Winner, Best Poster Award). For upcoming and recent performance info and to find out more, visit [www.sorenaustenfeld.com](http://www.sorenaustenfeld.com).